



**PARENT PRESENTATION  
TRIPLE P PARENTING SEMINAR  
THE POWER OF POSITIVE PARENTING  
For parents of children from birth to teens**

**Let's Talk About It!**

Kids don't come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations.

Join us to share, learn and build a school culture where mental health and well-being is valued and promoted.

Click below to:

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For more information contact:

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**Parents, Grandparents and Caregivers  
are invited to attend!**

**Topic: The Power of Positive Parenting**

This session will focus on how to ensure a safe and engaging environment for children by;

- creating a positive learning environment,
- using assertive discipline,
- having realistic expectations, and
- taking care of yourself as a parent.

**Location:** Webinar

**Date:** Tuesday, October 19, 2021

**Time:** 10:00 a.m. – 11:30 a.m.

**Facilitator:** Uma Bhatt, R.S.W.  
York Hills Centre for Children, Youth and Families

*This free Parent Presentation is brought to you in partnership with York Hills Centre for Children, Youth and Families and York Region District School Board.*

