

Raising Confident Competent Children

Kids don't come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations.

This session will focus on how to ensure a safe and engaging environment for children by;

- Encouraging respect and cooperating
- Learning to be independent
- Learning how to develop healthy self-esteem

REGISTRATION

Parents, Grandparents and Caregivers!

Join us to share, learn and build a school culture where mental health and well-being is valued and promoted.

Date: Monday, December 13, 2021

Time: 6:00 – 8:00 p.m.

Location: Zoom Link will be provided

Facilitator: Uma Bhatt, R.S.W.
York Hills Centre for Children, Youth and Families

More Information:

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This free Parent Presentation is brought to you in partnership with York Hills Centre for Children, Youth and Families and York Region District School Board